



Art Therapy



Over this eight-week program, we will explore the subtle interrelationships of the healing qualities of colour and form and gently unfold a new pathway using art as a creative activity.

Open to individuals living with a life-threatening illness and those who are bereaved. No previous experience in art is required.

Registration is required and is limited.

Program is provided free of charge. Donations are greatly appreciated

Other Wellness Programs available: Yoga, Picking up the Pieces for Cancer Survivors, Reiki and Reflexology. All are facilitated by certified professionals.

All programs & services are offered free of charge.

Donations are appreciated.

For more information or to register, contact:
Bonnie Selwood, Visiting & Wellness Programs
(905) 773-0155 x22
or email b.selwood@hospicekingaurora.ca

Hospice King Aurora offers specialized services and support to those living with life-threatening illness, the people who care for them and those who are bereaved

Care ♥ Compassion ♥ Support

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